Romulo leads 2015 Olympics opening rites

By SCUAA ’Updates’ Team

Passig City Lone District Rep. Roman Romulo led yesterday the opening rites of the week-long National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympic Games jointly staged by the Cagayan State University, provincial government of Cagayan and local government of Tuguegarao City.

Speaking before those who packed the Cagayan Sports Complex, one of the two main venues of the sportsfest—the other being the CSU Carig campus, Romulo said the Olympics is an important event not only for the athletes but also for the country.

“The start of the National SCUAA 2015 Olympics will serve as our inspiration for our local and national leaders and will serve as a reminder that we are all Filipinos, we are all united,” the congressman said.

Turning to the athletes, he said: “You, dear athletes, you will serve as our inspiration… give all your best. You are here today because you are the best of the best all the regions, that you don’t have to prove.”

The solon, who started his speech with a 44-second prayer for the 44 fallen men of the Special Action Force of the PNP, invited the participants to explore the places of interest that happened in 2014 when CSU Carig campus

Romulo speaks at the opening program of the National SCUAA 2015 Olympics held at the Cagayan Sports Complex. (Photo courtesy of Ferdinand Soriano)
To highlight the ceremony and to welcome the delegates, guests and visitors to the city, about 9,000 basic physical education students of CSU coming from its Carig and Andrews campuses performed an enthralling 20-minute field demonstration, which is believed to be a ‘potential’ Guinness record. (See related story on column 3 of page 1)

Participants of the competitions, supervised by PASUC, will compete in 21 sporting events, namely, athletics, badminton, baseball, basketball, chess, dancesports, football, lawn tennis, sepak takraw, softball, swimming, taekwondo, table tennis, volleyball, beach volleyball, arts, karatedo, pencak silat, futsal, boxing, and archery.

Hostilities kicked off 1 p.m. of the same day with the finals of all the events including the awards and closing ceremonies to be held on Feb. 14.

Western Mindanao, NCR, Cordillera, Ilocos, Cagayan Valley, Central Luzon, Southern Tagalog, Bicol, Western Visayas, Central Visayas, Eastern Visayas, ARMM, Northern Mindanao, SOCSARGEN, CARAGA and Davao are the participating regions.

Western Mindanao, NCR, Cordillera, Ilocos, Cagayan Valley, Central Luzon, Southern Tagalog, Bicol, Western Visayas, Central Visayas, Eastern Visayas, ARMM, Northern Mindanao, SOCSARGEN, CARAGA and Davao are the participating regions.

What they said...

“The start of the National SCUAA 2015 Olympics will serve as an inspiration for our local and national leaders, and will serve as a reminder that we are all Filipinos, we are all united.”

-Congressman Roman Romulo

“Hopefully this event will bring good memories, and after this event shall have been pushed through, maalaala ninyo ang Cagayan na isang magandang probinsya, where people are hospitable, where people are good, magalang. And hopefully, this will put Cagayan in the national scene.”

-Governor Alvaro Antonio

“You are really at the frontline as far as promoting unity in everything. People might differ in politics, might differ in terms of discipline. But, it is sports that brings us together. Sports is the one that brings about convergence. And we must thank you for the hard work and training that you’ve done.”

-Commissioner Alex Brillantes

“I take this remarkable opportunity to congratulate you all, specially our athletes, their trainers, coaches, advisers, teachers, supporters, particularly the Governor and the host university for the success of this event. While we may be only at the beginning of this event, I strongly believe you are all winners, because more than the medals you will earn, you will win friendship, respect, confidence, and memories that will last a lifetime.”

-Mayor Engelbert Caronan

“The number of athletes gathered here today is only a small fraction of the total number of students enrolled in state colleges and universities in the Philippines. By the sheer number of SUCs and their total enrollment, there is no other organization in our country other than PASUC that has the same potential. In as much as we mold the majority of the youth who come to us for tertiary education, we virtually hold the fate of the nation in our hands. That is why, true to the theme of the SCUAA National Olympics 2015, we must share the same vision and tread the same roadmap towards a better country. This event shows how our association could bring the synergy of diverse organization and stakeholders.”

-CSU President Romeo Quilang

Editor’s Note:
At yesterday’s National SCUAA 2015 Olympics opening ceremony, five prominent individuals spoke before the crowd, inspiring the athletes and coaches with their remarks. We included here some of the most striking parts of their speeches.
Meet the Candidates of the Search for Mr. and Ms. SCUAA 2015

Why is the torch lit during sports competition?

By Kristinne Joyce De Leon

From its inception at the 1982 Olympic Games, the lighting of the torch appears to have symbolized a moment of truth from spectators and athletes, where they can join in unity and recognize and understand the ideals that the games can offer. The torch and the flame are significant international symbols and are important in linking the general public with the festival. Others associate the flame with the church, illustrating the growing significance of the flame and the torch as symbols associated with honesty and purity. Apart from its religious significance, research shows that the torch and the flame have significance for the community, in terms of social and cultural benefits such as instigating pride and building unity; promoting celebrations and memories for the community; influencing national pride; and promoting sports at the community level.

Roman urged the athletes, who he described as the future members of the Gilas Pilipinas, Azcals and the next Manny Pacquiao, to continue improving their craft.

The torch journey is a “rich sampler of Cagayan’s history, culture and geography”. This, and with the commencement of the SCUAA National Olympics 2015, it has woven itself into the fabric of the province’s and in particular, CSU’s history.

Romulo leads... from page 1

Cagayan can offer. He encouraged them not to miss seeing local tourist destinations such as the famous Callao Caves in Tuguegarao town, the Basilica Minore of Piat, and the Calvary Hills in Iloig.

“I hope you’ll visit all these places that Cagayan is proud of so that when you go back to your respective regions you will remember the happy memories of your stay in the province,” the solon said.

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“Be proud of your regions and of being a Filipino,” he ended.

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Romulo leads... from page 1

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“Be proud of your regions and of being a Filipino,” he ended.
Region 6 edges Region 9 in Sepak takraw, 2-1

Region 6 shook off the court after nosing out region 9 in the Sepak takraw game held during the first day of the National SCUAA 2015 Olympics, 2-1.

In the first regu, both teams exchanged kicks, until Davao Region locked the game with their powerful wallops and sharp blocks, finishing the first and second set of the game with the scores 21-13, 21-15.

On the other hand, the Western Visayas Region recovered on the second regu after Thomas Miguel Estanante and Kenny Pensio executed headshots and spikes leaving their opponents with dust of 21-09, 21-05.

At the end of the game, Region 6 reigned after Karl Tyrence Bryan Castillo ended the sets with the scores of 21-14, 21-16 by continuous spikes. By Sarah Jane Redoble

Region 12 nips Region 10

Region 12 SOCSARGEN defeated Region 10 –Northern Mindanao during the volleyball men’s division game 2, 3-1.

Region 12 players scored 3 sets over 1 after the four sets of the game.

They gained 25 points over 21 of the opponent during the first set of the game, despite their loss in the second, 21-25.

On the third and fourth set, they were able to seize the throne with the scores, 25-23 and 25-18, respectively.

The team led by Elievjay Soverano won through defensive blocks, spikes, and stops against their opponent.

“I told them to relax and enjoy the game, for I saw that they were very eager to get the ball,” said Nogodin S. Salgen, Region 10’s coach. By Rachelle Nera

Bicol region blanks CAR, 3-0

Bicol region ruled the court during the volleyball men’s division game four against Cordillera Administrative Region held at Cagayan State University – Carig Campus on Feb. 8, 3-0.

Bicol owned all three sets of the match blanking its opponent.

The team gained 25 over 20 points during the first set of the game, 25 over 17 on the second, and 26 over 24 on the third set.

In an interview, team captain Rex del Ayre said their foundation for winning is the effort that everyone exerted.

“Sa blocking at pag-spike ng bola, sa pagsalo kung kailangan, dive for it…team effort lang talaga,” he added.

Gerard Marcellana, the coach of the team said that in every game, there must only be one champion.

“Malakas sila, though lahat ng team malakas, there should only be one winner, and God said there should be only one champion,” he said. By Rachelle Nera

Region 9 spikes off Region 7

Region 9 shamed Region 7 during the first game of the volleyball men’s division held at the Carig Volleyball Court on Feb. 8, with the score of 3-0.

The latter dominated the first set in a close fight through their spikes which gave them the score 25-23.

The former tried to get close with leading team during the second set by their blocks, but the score ended with 14-14.

However, Region 9 was able to recover using consecutive attacks that made them snatch the set 25-23.

Region 9 triumphed over the rival during the third set with proper set plays and attacks of Jason Baldiero and Jerome Barcalle-tandem, ending the game with 25-20.

Team captain Alvin Yosoris said that teamwork was their edge over their opponents.

“Nagtulong-tulong kaming lahat kaya lumamang kami sa kalaban,” he said. By Denmark Orita and Rachelle Nera

Region 3 pawns region 1 in Sepak takraw; 2-0

With their unstoppable spikes, Region 3 (R3) crashed Region 1 (R1) during the first day of National SCUAA 2015 Olympics in sepak takraw bracket C game, 2-0, Feb. 8.

In the first set played by the first regu, both teams showed up a great defense and offense and came up with powerful summersault and spikes that brought tension to the audience.

However, the R3 broke the defense of R1 when Salmer Libanan, the region’s spiker, released his powerful summersault that made them finish the set to 20-22.

In the second set, the intense offshore R3 even stepped up nailing R1 with a 9-point margin, 14-3.

To completely secure their victory, Earl Ryan Bornes, spiker of R3, posted unstoppable spikes that led them to their win, 21-11.

Meanwhile, in the second regu, R3 players continued showing up their spectacular plays to escape past R1, 17-11.

The tandem of Aljhon Dionisio and Edwin Eugeno of R3, contributed 2 spikes and 2 headshots that led them win the first set, 21-17.

In the second set, R1 suddenly rose from their grave after Michael Oxampo, R1 spiker, released his spectacular summersault and leave R3 with the score of 5-0. By Manases Lacambra

Bryan Castillo makes a powerful spike to his team’s rivals.
CAR Five regroups in 3rd, rolls past CARAGA

By Michael Lavadia and Efren Reyes

The Cordillera Administrative Region (CAR) recovered from an 11-point deficit after two quarters against CARAGA to secure its first win in Sunday afternoon’s treat of the Men’s Basketball Game (Bracket D) of the State Colleges and Universities Athletic Association National Olympics 2015.

CAR trailed for the entire first half, 37-26, allowing CARAGA to score 24 points in the second quarter alone while shooting below 30% from the field and giving up too many fouls for the CARAGA players in the charity line.

Central Luzon’s bets Jerome Dominic O. Perez and Riolin Dela Cruz placed first runner-up and second runner-up, respectively, in this category.

Tristan John Ducay and Roan Krystelle Palma, from RTU, dominated the SA form—Tango, Waltz and Quick Step—, stopping the aim of the 24 other pairs to snatch the crown away with the championship trophy for both Latin American (LA) and Standard American (SA) categories of yesterday’s dance sports competition held at the Peoples’ Gymnasium.

Meanwhile Placido Ronquillo posted a game-high 23 points for CARAGA, while Reynum de la Puerta added 17.

In an interview with Tadeo, CAR’S captain, said that defense had gotten them back in the game.

On the other hand, Aldrin Ranjee Novo, CARAGA’s coach, admitted that their team defense had collapsed.

“Were complacent. Our defense collapsed and we lacked physicality,” he confessed.

CAR Five regroups in 3rd, rolls past CARAGA

By Melou B. Darilag

The Cordillera Administrative Region (CAR), a four-time holder of dance sports tilt of the National SCUAA Olympics, romped away with the championship trophy for both Latin American (LA) and Standard American (SA) categories of yesterday’s dance sports competition held at the Peoples’ Gymnasium.

For the LA category which includes Jive, Cha Cha, and Rumba, judges declared Rizal Technological University (RTU) dancers Benjamin Legaspi and Rochelle Canoy as the best among 25 pairs who took the dance floor to show off their dance prowess.

Judges declared Shane Marie Gestosani and Justin Norries Bautista, coached by Prof. Noel Mondejar of West Visayas State University, and Darlene Callas and Eric John Colpuz, all from Region 6, as first runner-up and second runner-up, respectively, in this category.

Tristan John Ducay and Roan Krystelle Palma, also from RTU, dominated the SA form—Tango, Waltz and Quick Step—, stopping the aim of the 24 other pairs to snatch the crown from them.

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CAR trailed for the entire first half, 37-26, allowing CARAGA to score 24 points in the 2nd quarter alone while shooting below 30% from the field and giving up too many fouls including two unsportsmanlike fouls that sent CARAGA players to the field and giving up too many fouls for the CARAGA players in the charity line.

CARAGA’s defense, however, faltered in the 3rd quarter allowing CAR to put up a 13-4 run in the in the mid-way point with Tito Astandre, Prodic Tadeo and Romnick Buraga leading the team’s charge with a combined 19-point third quarter that gave CAR its first taste of the lead, 51-49.

CAR’s lead even ballooned to 8, 73-65, with 2:43 left in the Regulation, as Astandre took advantage of Tadeo’s 3 dimes to add 10 more points in his total.

CAR held its opponent off to only 12 points in the last quarter to seize the game, 81-67.

Meanwhile Placido Ronquillo posted a game-high 23 points for CARAGA, while Reynum de la Puerta added 17.

In an interview with Tadeo said that defense had gotten them back to the game.

On the other hand, Aldrin Ranjee Novo, CARAGA’s coach, admitted that their team defense had collapsed.

“We were complacent. Our defense collapsed and we lacked physicality,” he confessed.

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Eastern Visayas wins Ms. SCUAA 2015 title; Bicol’s bet is Mr. SCUAA 2015

By Melou Darilag and Steve Malana

Eastern Visayas bet, Maria Gaile Tobes, won the Ms. SCUAA 2015 title and Bicol’s contender, Leonard Mateos, bagged the Mr. SCUAA 2015 title during the coronation night held yesterday at the Cagayan State University Andrews Gymnasium, Tuguegarao City.

Tobes, 20, and Mateos, also 20, seized the crown, besting young women and men from 12 regions.

Of the 12 women, those who made it to the top 5 were Rose Anne Petero (Central Luzon), 4th runner-up, Nikka Joyce M. Penolio (Bicol), 3rd runner-up, Christille Marie R. Medalle (Central Visayas), 2nd runner-up, and Janielle Fajardo (Southern Tagalog), 1st runner-up.

Rounding up the top 5 in the men division were Ilocos’ John Jacobe, 4th runner-up, CAR’s Chris John Belgica, 3rd runner-up, NCR’s Christian Padilla, 2nd runner-up, and Central Luzon’s Renz Maun, 1st runner-up.

Question and Answer Portion

During the question and answer portion, Tobes, who was proclaimed Ms. Photogenic, Best in Swimwear and Best in Cocktail Dress, was asked “How can you concretize this year’s theme: one vision, one roadmap and one response through sports?”

Tobes answered: “Our theme connotes that through sports we can attain unity. Unity must come first from ourselves so we can spread this to the community.”

“This can be concretized by doing things through sports, by involving oneself to sports and by showing people how sports can mold me, transform me, affect me, and mold me.”

“If people will see that, they will automatically follow. As a beauty queen, I have the power to...

Athletes, coaches, officials join Romulo in moment of silence for ‘Fallen 44’

By Ian Roger Francisco and Raymon Dullana

Athletes, coaches and heads of delegations attending the National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympics joined Pasig Lone District Rep. Roman Romulo in silent prayer in honor of the 44 members of PNP’s Special Action Force slain in the infamous Mamasapano encounter in Maguindanao province.

Before starting what he prepared to say, Congressman Romulo, who was invited as guest of honor at the opening of the Olympics on Sunday, asked everyone to stand and spend a 44-second silence in solidarity with the “Fallen 44.”

“Before we start our National SCUAA (2015 Olympics), may I ask you to observe 44 seconds of silence in commemoration for (sic) our uniformed personnel, our 44 fallen heroes,” said the congressman, who is chair of the...
Pagbilao posts 18-12-3 as R2 beats Central Visayas

By Michael Lavadia, Arlene Barde and Mary Rose Marvas

When the people of Tuguegarao were already up on their feet yelling and cheering, the visiting Region 7 should have known what the host region crowd could do to change the course of the game.

They didn’t see it coming. Julius Pagbilao, who took off from the crowd’s cheers after his teammate Jayson Balisi converted back-to-back 3-pointers in the late part of the 3rd quarter, exploded for 18 markers, 12 rebounds and 3 authoritative blocks en route to an 88-77 win against Central Visayas.

Prior to a 30-point third quarter team explosion, Jayson Balisi heaved and made a half-court shot just a couple of seconds after the end of the third quarter that gave the spectators a reason to start roaring even though the shot didn’t count.

R02 tweaks past R07 in lawn tennis

By Bernadeth Heralde and Rosemarie Batang

Region 02 beat Region 07 in Lawn Tennis men’s Single.

Ferdinand Domingo proved too strong for Nino Ritz Remonde as he won the first match in Lawn Tennis Court 2, CSU Cagayan City, yesterday.

The ace of R02 came through 6-5 in 27 minutes.

Domingo made a blistering start racing into 2-1 on the third set.

It was Remonde who hauled back breaks to force a tie break, 5-5 then suddenly a rally took place for some seconds ending up in Domingo’s favor.

Domingo celebrated his victory by throwing his racquet into the air and a hand shake to his opponent.

Meanwhile, in women’s doubles division, NCR eased lead over Region 4 with a score of 6-5 in the first game.

Elmira Pagot and Frances Espinosa moved into 3-0 lead but saw the advantage wiped out when a rejuvenated Grace Melchor and Jhac Fernandez strung 2 points in sixth set giving them a score of 4-2.

Then, on the final set, there was a tie break between the two teams that ended up 5-6 in favor of NCR.

In an interview, Pagot and Espinosa said that teamwork was their key for winning the game.

Moreover, in Men’s Doubles Division game, R2 again bagged the match 6-5 as Jae Diongson and Ronald Garcia showed their powerful defenses against their opponent, R7.

On the other hand, in women’s Singles Division, R7 won over R10 with a score of 6-4.

Also, in Men’s Doubles Division Second game, ARMM beat R8 with a score of 6-3.

ARMM nailed R8, garnering 3 consecutive points giving the latter a love score.

In between the game, R8 eased to get point and fortunately got 3 but then, the ARMM showed up no pity and nailed R8 again, leaving a score of 6-3.

Furthermore, in the second game of Men’s Single Division between ARMM and R08 in, ARMM again captured victory after beating R8 with a score of 6-3.

Region 4 stuns Region 9, 11-9

By Rochelle Nonato and Alyssa Faith Chua

Region 4 forced a sixth inning in Men’s Softball, game 2 bracket D as Jhon Paul Golla delivered a late home-run to end the high hopes of Region 8 in the State Universities and Colleges Athletes Association (SCUAA) 2015 National Olympics, Feb. 9.

The first inning deemed dangerous for R4 after R8 took an early lead, 6-1.

R4 made no rooms for error as they initiated the heated fourth inning to snatch the lead from R8, 3-1.

R4 and R8 went head-to-head during the fifth and last inning that made the game call for a draw, 7-7.

R4 lost its composure as R8 held the last bat, yet they failed to score, giving a chance for the

Athenletes, coaches... from page 1

committee on higher and technical education at the House of Representatives.

Then, everyone in the stadium and in the oval stood and bowed their heads for silent prayer under cloudy skies to remember the lives lost.

He afterward thanked everyone for that short moment of paying respects to the slain commandos, two of whom are Cagayanos, one from Catubang, Tuguegarao City, the other from Piat town.

The solon later continued his speech, where he described the athletes present as the future members of Gilas Pilipinas and Azcals and who may follow the steps of the pound-for-pound king, Manny Pacquiao.

CORRECTION:

On page 4 of our first issue, we ran a story titled “Region 6 edges Region 9 in Sepak Takraw, 2-1” written by Sarah Jane Redoble. We erred in writing region 9 instead of region 11. We apologize for the error. -Ed.
Why are beauty pageants valued in the Philippines?

By Kristine Joyce L. De Leon

Have you ever noticed the growing number of spas, massage centers, beauty parlors and the likes in the country? This, according to sociologists, is a representation of the Filipino value on beauty and youthful living. Apart from valuing tradition, family, faith in God, compassion, debt of gratitude, hospitality and nationalism, we, Filipinos also value beauty. Our concept of beauty is rooted in the country’s history. We cannot deny the fact that the long years of Spanish and American colonization have deeply rooted and ingrained effects on our culture.

Beauty pageants, according to researches, present women as symbols of national pride. Women perform as secondary notations that define femininity as part of national identity. The image of the beautiful, proper woman is constructed as a symbol of national pride, power and modernity. In the past, women are associated with the private sphere; however, beauty pageants involve the performance of women in the public space. This, somehow liberates women and allows for the reversal of traditional gender hierarchies. Through public performances such as beauty pageants, women make claims to the (public) space and the nation or community.

Moreover, beauty pageants showcase values of morality, gender and place. It involves the competition of idealized femininity and contain political issues. Individuals are chosen to represent the values and goals of the nation or group. It likewise provides opportunities for public expression and negotiation of standards and values. Local beauty pageants such as the Search for Mr. and Ms. SCUAA contribute to notions of cultural pride as the candidates must be a model representation of their native cultural essence.

Since its inception, the nature of beauty pageant has shifted according to its historical context; the pageant was wholeheartedly embraced for its role in upholding certain traditional norms of gender and femininity.

Although many believe that beauty pageants are outdated and consequently of little social significance, some researches argue that pageants are important and uphold critical ideas that are central to our cultural beliefs and practices. Beauty pageants represent a very deliberate and particular version of femininity, one that upholds national identity, which serves to symbolize the cultural core of the nation. Beauty pageants are not just about physical beauty. They, too, seek to construct and perpetuate “an image of the ideal attitude of femininity.”

Eastern Visayas wins... from page 1

courage people to be involved to advocacy and vision of any university.”

The host quizzed Mateos: “As a student, how can you harness national unity through sports?”

Chosen as Mr. Body Beautiful and Mr. Infinitiva, this English senior at the Bicol University retorted quickly: “As a student, I could harness national unity through sports by achieving and following the four pillars of national ASEAN integration. The four pillars are human development, social cultural identity, economic progress and regional peace and security.”

“The first pillar is Human development. It is all about developing our physical selves for us to appreciate one another.”

“Social and cultural identity. We are diverse. The Philippine archipelago is composed of 7107 islands. Each has a different culture and festival. Because of unity, we are united into one symbolism.”

“Third is economic progress for betterment improvement of life of people.”

Regional Peace and Security. If the aforementioned are achieved, then, we can achieve security in the Philippines. And that is how I can appreciate the national beauty.”

Thank you.

In a message posted on his Facebook account, Mateos thanked God, the Tuguegarao folk, his fellow Bicolanos, and everyone who helped him bring home the crown.

His message read: “Thank you, God for everything! Thank you to the people of Tuguegarao, how I can appreciate the national beauty.”

“You all! To all the people who never stopped believing in me, you all! To all the people who never stopped believing in me, you all! To all the people who never stopped believing in me, you all! To all the people who never stopped believing in me!”

Thank you so much to all the people who supported me. If it wasn’t for you, guys, I wouldn’t win this. No words can describe how grateful I am right now.”

“Thank you to the people of Tuguegarao, Cagayan Valley for the warmest welcome. These memories will never be forgotten. Mabbalo po!”

“To all my fellow Bicolanos, this one’s for you all! To all the people who never stopped believing in me, Dios mahal kita! Dios mahal kita! Dios mahal kita!”

In an interview, Tobes, a veterinary medicine student of the University of Eastern Visayas, said she did not expect she would be crowned Ms. SCUAA because people perceive her as “boyish.”

Like Mateos, Tobes, who was surprised by her parents last night, also expressed her gratitude to the people of Tuguegarao for the warm welcome and to her fellow candidates for the friendship built.

Minor Awards, Judges, Hosts, Performers, and Organizers

Pons got the Ms. Body Beautiful award.

Best in Swim Wear went to Maun, who was also adjudged Best in Sports Wear, Best in Formal Wear and Mr. Congeniality.

Judges declared Petero as Ms. Congeniality and NCR’s Donna Jae Ciel Palacios as having the best Sports Wear.

The official decision was made by the eight-person judging panel that included Marx Topacio, Lancer Serrano, Nicole Manalo, Lito Trinidad, Zahara Mae Soriano, June Macasaet, Ervin David, and Juliana Flores.

Mr. World 2013 Andrew Ward and Binibining Pilipinas finalist Emma Tiglao hosted the event which included the performances of Serrano and La Diva’s Jonalyn Viray.

Dr. Chita Ramos, dean of the College of Human Kinetics, chaired the organizing committee of the event with Maxie Umoso and Jaypee Alegado as assistants.
Region 7 advances to quarter finals

By Ma. Aiza delos Reyes and Donnabelle Maquimot

One of the many sports competitions for SCUAA 2015 taking place in the grounds of CSU Carig is the Men and Women’s Beach Volleyball Tournament. Each region is represented by a pair of their best beach volleyball players.

In men’s division, Region 7 completed a 2-0 sweep yesterday to qualify for the quarter finals after going flawless in two games against regions 12 and 6 in games 2 and 6, respectively. It did not come easy for the young rookie tandem of Charles Kenneth Espinoso and Reyden Garrate as they needed to battle the tandems of Jonel Guillen and Rowel Demalaluan of Region 6 in game 6.

The first set was a close fight between the two teams that led to 3 deuces and ended in favor of Region VI, 27-25.

On the first half of the second set, Region 7 heated up and wisely made use of Western Visayas’ service errors to pull the second set away, 21-15.

Region 7 carried their momentum heading to the deciding set as they unleashed an early lead off service aces.

Region VI threatened to bounce back but Region 7’s defenses and spikes proved too difficult for the tandem to counter, 20-15.

“It is a tough game for my players because they were amateurs and it is expected that there are many outstanding players. Hopefully, we shall make it in the finals,” Dwight Esenio Sun, Region 7 coach said in an interview.

Meanwhile, in Women’s division, game 1 to 6, Region 6 won over ARMM, 2-0; Region 4 won over Region, 2-0; Region 5 won over Region 13, 2-0; Region 2 won over Region 9, 2-0; ARMM won over Region 10, 2-0; Region 7 won over Region 2, 2-0; Region 5 won over Region 10, 2-0.

In Men’s division, game 1 to 5, Region 9 won over Region 10, 2-0; Region 7 won over Region 3, 2-0; Region 3 won over Region 2, 2-0; NCR won over Region 4; and Region 5 won over Region 10, 2-0.

Region 7 will face Region 5, Region 3 and Region 2 in the quarter finals. Region 3 won over Region 5, 2-0 and Region 2, 2-0. Region 7 did not have a smooth game against Region 5, but their second set was a tough fight that ended in a 3-1 win. Region 3 had a strong first set leading by 2-0 against Region 2, but Region 2 come back with a 2-0 comeback in the second set. Region 3 then went on to win the third set, 2-0, and finally stole the game, 15-12.

The 2nd set even became intense, but Region 03 capitalized on opponents’ service errors to tie the game, 25-22.

On the third set, defensive lapses put Southern Tagalog in trouble, providing a room for Central Luzon to execute its plays and grab the W, 25-23.

Meanwhile, Region 9 of bracket C won over Region 6, 3-1 in the third game of the Volleyball women, and NCR upset R1, 3-1.

R3, ARMM on 2-game winning streak

By Janice Joy S. Balanza

After defeating Eastern Visayas yesterday to open its National SCUAA campaign, the Autonomous Region of Muslim Mindanao (ARMM) once again pulled off another victory this time against the Cordillera Administrative Region (CAR) to lead other teams in Bracket C of Women’s Volleyball game.

The Central Luzon team is also looking sharp as it recorded its 2nd straight win over its counterpart from the host region Cagayan Valley winning all four games of Women’s Volleyball game.

In the third set, Region 3 lost a player when David Evangelista has his right led sprained second set limiting Region 3 to only 12 points. Region 3 battled head-to-head against NCR right on the get-go as it needed an extension to take the first set, 27-25.

NCR gave a dose of its own medicine in the second set limiting Region 3 to only 12 points. In the third set, Region 3 lost a player when David Evangelista has his right led sprained but the spikers managed to hold off their rivals through defense and relentless attacks, 25-14.

NCR bounced back to tie the match, 25-17 in the fourth set.

Region 3’s defense tightened up in the deciding set, killing three hits from NCR to finally steal the game, 15-12.

Ernest Esteban, the team captain, expressed his joy when asked about how they felt about their victory.

“Masaya kami kasi unang laro naming ito sa bracket at ngayong National SCUAA,” the captain shared.

Region 3 escapes past NCR, 3-2

By Denmark Orita and Rochelle Nera

Central Luzon escaped past highly favored National Capital Region (NCR) in the third game of volleyball men’s division bracket D of the National SCUAA 2015 Olympics, 3-2.

Region III needed a decision set after a fourth-set comeback by NCR spikers to join other teams in the winning column.

Region 3 battled head-to-head against NCR right on the get-go as it needed an extension to take the first set, 27-25.

NCR gave a dose of its own medicine in the second set limiting Region 3 to only 12 points. In the third set, Region 3 lost a player when David Evangelista has his right led sprained but the spikers managed to hold off their rivals through defense and relentless attacks, 25-14.

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“Masaya kami kasi unang laro naming ito sa bracket at ngayong National SCUAA,” the captain shared.

Regions V, VI top chess tournament round 1

By Janice Joy S. Balanza

Capayn State University Carig Library - Region V and VI displayed their analytical prowess in the chess battle field in the first round of both Chess Men’s and Women’s division, Feb. 8.

Western Visayas representatives outsmarted their counterparts from the host region Cagayan Valley winning all four boards in Men’s category.

On the other hand, Bicol region outmaneuvered Eastern Visayas in women’s division after reaping a four to nothing mark. Meanwhile, delegates from Cagayan Valley, Region IV and National Capital Region and Bicol region topped the 2nd round in men and women’s division. By Analene Louise Rabanal
R10 eliminates R9, gets Q’final slot

By Michael Lavadia and Arlene Ilarde

Eastern Mindanao Region will live another day on the hard court after cruising past neighbor Western Mindanao yesterday in a do-or-die encounter of Men’s Basketball Bracket B at the Tuguegarao City People’s Gymnasium, 106-90.

Region 10 used balanced offense for the entire game with four players in double figures led by Julius Murillo who totaled a game-high 31 points including a 9-15 (60%) shooting from 3-point region to end R9’s basketball campaign.

Region 10 hoopers survived a 27-8 third-quarter onslaught by Region 9, and then, they mounted a huge comeback late in the last period to secure themselves a quarterfinal slot.

R10 started off the first period hot making 7 3-point conversions and complementing the shoot-out with defensive dominance to give them a double-digit advantage, 37-26.

Region 9 could barely keep up in the second quarter despite rotation changes allowing R10 to score 29 more points, 66-47.

R10 players, however, could not ride on their momentum heading to the 2nd half as they faltered defensively that opened the door wide for R9 to put up a 20-2 run which gave it its first lead for the entire game, 75-74.

Both team exchanged baskets in the opening of the fourth quarter but R10 pulled away in the last 2 minutes with Karth Carl Hinlo hitting 2 clutch daggers to help his team get the W, 106-90.

Hinlo finished with 21 points in the game.

Gaspar Macasa contributed 17 markers and 6 blocks, while Romwil Carl Valle added 10 points and 8 dimes.

Meanwhile, Karlo Orabe, Jerom Ferrer, Kadra Usman and Derham Alam of Western Mindanao recorded 25, 20, 15, and 15, respectively.

Coach Edgardo Dacoco of Eastern Mindanao assembles his players to offer a prayer after securing one of two quarterfinal spots in Bracket B of SCUAA Men’s Basketball.

Beauty queen’s greatest surprise ever

By Melou Darilag

Tobes becomes emotional as she says she didn’t expect her mom would show up at her coronation.

Have you ever been surprised before?

Maria Gaile Tobes, Ms. National SCUAA 2015, received the greatest surprise of her life during the coronation night on Monday, the second day of the National SCUAA 2015 Olympics.

It was the most memorable night of her life not only because she got the most coveted title, but also because she was surprised by the lead for the entire game, 75-74.

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Coach Edgardo Dacoco of Eastern Mindanao assembles his players to offer a prayer after securing one of two quarterfinal spots in Bracket B of SCUAA Men’s Basketball.

The National Capital Region (NCR) beat the Davao in the Bracket A of sepak takraw elimination round on the second day of National SCUAA 2015 Olympics, 2-0.

NCR’s Mark Joseph Gonzales and Marvin Zararillo proved to be a problem for team Davao as it could not counter the former’s game plan.

In the afternoon, the NCR, also in bracket A game, triumphed against Western Visayas with the score of 2-1 because of Gonzales’ unstoppable cartwheel and blockings.

Meanwhile, in bracket D game, Region 10 dominated Region 7 after scoring 2-0 in the elimination round.

In the first set, both teams played spectacular, showing off defensive and offensive skills enough to capture the attention of the crowd.

However, in the final set, Agcopra of region 10 dispatched a cartwheel and flashed relentless attacks that led them to their win.

In bracket B game, Region 5 won over Region 8, with the score of 2-1 with the heroics of Mark Richard Atabay.

ARMM wins 2 straight in volleyball

By Rochelle A. Nera and Denmark A. Orita

Autonomous Region in Muslim Mindanao (ARMM) slammed its opponents in men’s volleyball, rolling off two consecutive 3-0 matches to keep its record unstained in the elimination.

ARMM team led by its team captain Daud Sali outshone Region 6 Western Visayas in Game 6 through powerful kills, wallops, and defensive blocks, 25-16, 25-17, and 25-19.

The team also took control of its match against Region 5 in game 9, 25-21, 25-23, and 25-17.
NCR blanks Region 5; 14-0

By Rochelle Nonato & Alyssa Faith Chua

Combining speed and tactics, National Capital Region (NCR) defeated Region 5 (Bicol) batters, game 3 bracket C baseball elimination round at Cagayan State University (CSU) Cang Oval on Feb. 10.

The first inning favored NCR as Kevin Butil delivered an outstanding batting that led the team to their first home run, zeroing the Bicolans, 4-0.

Due to the lousy catching and fielding of R5, the game again sided NCR on the second inning as Dominick Turnary and Reynaldo Gaban released their hard batters that advanced the team’s second and third home run, 8-0.

NCR’s performance on the third inning was still no match for R5 as Jomarie Benemelito, NCR’s pitcher, ended the high hopes of the Bicolans through a series of good pitches that led the Bicol region to nine consecutive strikeouts that gave no way for a score.

Being left behind with the score of zero, the opposing team lost the game through a regulation decision, ending the game on the third inning, 14-0.

“Hard practice on pitching, batting and catching was the main reason why we won,” Turnary, tagged as the star player of team, said after the game.

Meanwhile, Region 2 outmatched Region 5, game 3 bracket C with the score of 5-0.

Also, Cordillera Administrative Region (CAR) defeated Region 4, game 3 bracket D with the score of 6-3.

ARMM wins 2... from page 1

Edward Lee, the coach of ARMM, said that they really prepared for the competition.

“Of course, we really prepared before we came here, and they played for the best,” said Lee.

Meanwhile, other regions also excelled in their respective games. Region 1-Ilocos edged Region 2-Cagayan Valley through quick sets and attacks in game 5, 3-1.

Emmanuel Verzosa, the team captain of Region 1, said that the cheers for Region 2 did not stop their determination to win.

“Naglaro kami na parang ‘play-your-own-game’ lang kahit sa home court nila,” Verzosa added.

Beauty queen’s... from page 1

arrival of someone she did not expect to show up at the venue of the most awaited event of the Olympics.

“I did not think she’ll come,” uttered the 20-year-old Bisayan veterinary medicine student of Eastern State University, a five-time regional crown holder, and now Ms. SCUAA 2015 titlist—so far the heaviest of crowns she was able to amass.

The beauty queen revealed that it was the best surprise she had during this time was when she saw her mom (who, she confessed, is not so much close with), witnessing her success on stage. Never did she expect she’ll see her mother seated among the large crowd shouting for her name. Never had she thought that she would get that support from her mother. Never had she been told that her mother would come to see her crowned Miss SCUAA 2015.

Like what is said by Shakespeare: “All is well that ends well.” No matter how rough the times were for them in the past, it all turned with a happy ending.

She said that she would not forget Cagayan Valley, its warm people and the beautiful smiles that cheered for her beauty and wit.

Like what is said by Shakespeare: “All is well that ends well.” No matter how rough the times were for them in the past, it all turned with a happy ending.

Region 3 leads on women futsal elimins

Powered by team communication and stunning techniques offered by each member of the team, Region III racked up victory in the 2ND and 3RD Women’s Futsal Elimination Round over the other regions.

On the first set of the game, contenders from R3 imposed their will in the entire round over R10 leaving them a merciless 7-0 production.

R3 went all-out as the game progressed to stay ahead in scoring over other regions with 11 points.

In the end, it was a lopsided victory with R10 tallying only 1 point courtesy of a fine strike in the second set, 11-1.

Riding on its momentum, R3 got away with Region 4 finishing the match, 4-3.

Sumayao stops Reyes, 6-5

Smasher Nyrzel Sumayao of Region 5 needed only two sets to send home Region 3 bet in lawn tennis women’s division, 6-5.

Sumayao led in the first set with a score of 3-2 against her opponent Alyssa Reyes from Region 03.

With the second set evened at 5, Sumayao released her killer smash for a statement win. By Dante Galang Jr. and Ever Cokky

Region 6 massacres Region 1, 11-0

Region 6 outplayed the ilocos Region with 11-0 final score in football game 6, yesterday February 10, 2015.

Gerald Papanon, number 4, led the team with 6 points, 3 in the first half and another 3 during the second. The striker also impressed the audience with his ball control ability.

Team captain Nino Alvero, midfielder, also connected a goal during the first half adding to the team’s overwhelming score.

Meanwhile, full back defenders Agudo, Rafael, Valencia, Tiongson, and Bayonas protected the ball well with the region’s keen goalkeeper.

Coach John Carmona emphasized his player’s edge when he said almost all are small which is very advantageous in football.

Referees are looking forward for the region’s next games believing that it’s the best team so far. The boys are up against Bicol Region tomorrow. By Rolaine Paccalagan

R9 beats host region in men’s Volleyball

Western Mindanao escaped past the Cagayan Valley Region in a see-saw battle at the volleyball grounds of CSU Carg Campus, 3-2, Feb. 10.

After losing a hard-fought first set, Region 9 retaliated in the second set exploiting free balls and blocking spikes, 25-20.

Region 2 reclaimed the lead after scoring off aces, 25-23.

With the pressure on, R9 tightened up its defense and executed well its plays to press a deciding set, 25-20.

Its defense even stiffened up in the extension dumping 4 attempts from R2 to run away with the victory, 15-11.

Meanwhile, other regions who also excelled in their respective games are listed as follows:

• Region 8 won against Region 10 with a score of 3-0.

• Region 7 defeated Region 1 with a score of 3-2.

• Autonomous Region of Muslim Mindanao crushed Western Mindanao.
Boxing fans and spectators as young as 5 came all the way to CSU Carg Red Eagle Gym on Monday afternoon to witness the most exciting sports event in National SCAAAs Olympics 2015, the Amateur Boxing Competition.

Eyeing for a notch in the semi-finals, 10 amateur boxers from 6 threatening regions terminate rivals from five different weight divisions via TKO.

After landing a clean right straight punch, Villy Joe Aquino of Western Visayas ended the 1st match of light welterweight division

Why is basketball loved by many?

By Kristinne Joyce De Leon

In contrast to other sports, basketball has a clear origin. According to basketballworld.com, it was invented by Dr. James Naismith, who was a physician and at the same time was primarily interested in sports physiology. In 1891, he was faced with the problem of finding in 14 days an indoor game to provide “athletic distraction” for the students. After discarding the idea of adapting outdoor games like soccer and lacrosse, Naismith recalled the concept of a game during his school days known as duck-on-a-rock that involved accuracy attempting to knock a “duck” off the top of a large rock by tossing another rock at it.

Starting from there, Naismith developed a set of 13 rules that gave origin to the game basketball. The sport was an instant success. Its popularity quickly grew and was introduced in many nations. Although Naismith never saw the game develop into the spectacular game we know today, he had the honor to witness the game become an Olympic sport in 1936.

Fed up with the relative costs of the sports result in most classes value sports which develop the body and skills as ends in themselves. This would mean that the lower class tends to participate in cheaper events that focus on the body as a tool with symbols of sacrifice. Sports such as gymnastics and golf emphasize the body as an ‘ideal physique’ as the end goal, and with the relative costs of the sports result in most participants being members of the upper class.

Futher, he contends that “without forgetting the importance of taking part in sport – particularly team sports – for working class and lower middle class adolescents, it cannot be ignored that the so-called popular sports also function as spectacles. They are ‘popular’ but in the sense this adjective takes on whatever it is applied to the material or cultural product of mass production, cars, furniture or songs. In brief, sport, born of truly popular games, i.e., games produced for the people, returns to the people, like ‘folk music’, in the form of spectacles produced for the people. We may consider that sport as a spectacle would appear more clearly as a mass commodity…”

A must-see amateur boxers

By Clarisse P. Marquez

Riding the impressive momentum, Ricky Tugelida also from Bicol, fired explosive straight haymakers and razed his rival from region 07 via T.K.O with a dinging minute remaining in the first round of lightweight division.

From region 4, Jervin Aquino, in a gallant attempt to finish the 2nd match underlightweight division, thrashed three combo punches to rip down John Vic Albano from region 03 via T.K.O in less than ten seconds.

“Ganito pala kalai ang boxers ng SCAAAs, grabe ang tindi. Yung performance ng coaches (maganda) talagang pinaghandaan”, said Rolando Jose, AIBA 1 star international referee.

Over-all match from five weight classes gave way for regions NCR, CARAGA, 4, 6, 7, and 3 to advance to semi-finals on Feb. 11 at 2pm on CSU Red Eagle Gym.

Region 6 rookies rule against Region 2

By Donnabelle Maqmimot and Ma. Aiza Delos Reyes

Receiving no defeat since the elimination round, Region 6 once again ruled the court sweeping Region 2 in Beach volleyball Women’s division quarter finals game 1, 2-0.

Earlier during the first set, Region 2 made a good start drubbing the opponent with the score of 3-1. The young rookies of Region 6, Ramela Gallo and Glorybel Escobillas, tried to rally back with their good placing and jump serving to snatch the first set, 21-14.

Joyce Pascual and Kristinne Joy Arese, Region 2 tandem, attempted to counter in set 2 but they stood no chance to the unstoppable spikes and attacks of Region 6 ending the game, 2-0 in favor of the latter.

“Our players are really good and lucky as well,” John Tagsudin, Region 6 coach, said in an interview.

R9 beats... from page 2

Cordillera Administrative Region with a score 3-0.

• Region 3 outshined Region 4 with a score of 3-0.

• Region 5 spiked down Region 6 with a score of 3-2.

When asked about their team’s motivation, Dr. Edgardo Rosales, president of Josefina H. Cerilles State College and one of the coaches of Region 9, said that they provided the needs of the athletes.

“Motivated sila maglaro ngayon kasi free new shoes, kasi problema nina last game, madalas daw long count at nabugna nanay kay dapat suportahan natin ‘long mga athletes na rin,” the president said. By Donnamb Ordo and Rochelle Nera...
NCR tops rivals in table tennis

By Divine Grace Tungcul and Jennievah Baribad

National Capital Region (NCR) bagged 10 gold medals for men’s and women’s division for both singles and doubles category and mixed doubles in Table Tennis Tournament Championship game. The championship game between Region 4 and NCR women’s division brought intense reaction to the crowd with loud cheers and yells from the both parties. With crisp whacks and clever placing, Myrna Abarro, player of NCR, beat Maria Dominique Publico during the first round of singles category. Abarro continued her attacks in the second round, hitting double points to finish the game, 3-0.

In the doubles category, the team up of Quinnie Napoles and Judielyn Dumalaon (R4) discharged powerful strokes over Kristel Mariz Oria and Loreine Cayetano that led to a score of 2. When round three began, the tandem of Oria and Cayetano brought out spectacular grip that took the game up to 5 rounds. NCR, however, won through, 3-2.

According to Oria “ang pagkapanalo namin silang kaunaunahang women team ng NCR ay isang napakatagumpay dahil nga naiuwi ang championship na talaga namang pinaghirapan naming lahat.”

Meanwhile, in Men’s Division championship game, players from both NCR and Region 3, in both singles and doubles category, wowed the audience with their special techniques and fast aggressive plays.

NCR’s player Jan Vernier Escueta thumped by his Region 3 opponent in singles category but NCR’s doubles, Kevin Olivo with Randy Mabuanga and 2nd singles category, Chriz Pangan, team captain of NCR, overthrew Region 3 by winning the game.

On the other hand the NCR rose above region 4 in mixed doubles category. And according to NCR’s Coach Arden Mark Santos, “Napakasaya, so proud kasi nakuha ng NCR for four consecutive years ang championship sa table tennis particular sa men and its double victory kasi this is the first time na nagchampion ang women table tennis.”

All in all, Region 4 got the silver medal and bronze medal for Region 10 in women’s division. For men’s division, Region 3 garnered silver medal and Region 6 bagged bronze medal. And for mixed doubles, Region 4 garnered silver medal and region 6 brought home bronze medal.

Region 3 escapes past NCR, 3-2

By Manases A. Lacambra and Sarah Jane Redoble

Caraga Region tasted defeat after SOCCSARGEN pounded them in the bracket C game during the elimination round of sepak takraw held on the third day of National SCUAA 2015 Olympics.

In the first regu, CARAGA’s spiker, Patrick Lambacu and SOCCSARGEN’s spiker Kevin Karl De Vera exchanged spikes that got the crowd going. However, in the third set, the wallops of Lambacu and SOCCSARGEN’s faulty service led CARAGA to take the set.

Meanwhile, SOCCSARGEN enjoyed a reversal in the second regu after Fahad Masukat unleashed 10 cartwheels in the second set of the game and 11 cartwheels during the final set leaving scores of 21-19, 21-11.

During the third regu, the unstoppable wallops of Emmanuell Cadorna of Region 12 secured their throne against CARAGA’s Roentgen Villasin’s blocks.

When asked about his expectation from his team, Mr. Leonardo Arboleda, SOCCSARGEN’s coach, said that he is confident of his players’ ability. “We will fight until the last line,” he added. Region 9 also tasted victory after smashing the defense of region 07, during the bracket D game, with a score of 2-1.

Also, region 08 dominated region 01 after 2 sets with a score of 2-0 for bracket B game.

Meanwhile, at court A, bracket D, Region 10 overthrew CAR when Agecropa of Region 10 posted a well-built cartwheels that led to their success, 2-1.
R3 dominates archery demo game finals

By Abely Mercado

Forget about the decline of archery at one point in world history for the once-rendered obsolete event is now rapidly developing as one exciting sport both globally and nationally.

This year’s National SCUAA Olympics has just proven this when archers from all over the country met for a demonstration game where Region 3 finished dominant.

Archers from the Central Luzon Region showed off their elite aiming skills as they conquered archery in the Olympics.

For the Olympic rounds, male and female divisions, John Romel Duazo and Crystal Joy Palilio brought home the gold medals.

John Carlo Pineda and Aimee Jane Pineda worked hard to snatch the silver medals.

Bernard Paul Pineda and Divina Mappala earned the bronze medals.

The said archers all hail from Region 3.

After the Olympic rounds, players also participated in the mix doubles which consisted of Yolanda’ survivors stand men’s volleyball q’ finals

By Denmark A. Orita and Rochelle A. Nera

Region 8-Eastern Visayas spiked Region 9-Western Mindanao in the quarter finals of volleyball men’s division held at the Carig Court on Feb. 11, 3-1.

Region 8 nailed the first set by dumping scores to Region 9, 25-18, but Region 9 picked up its tempo blocking the hits of Region 8 to take the second set, 26-24.

Region 8 reclaimed the lead by killing 5 attacks of Region 9, ending the third set, 25-20, then, owned the court in the fourth set, 25-21, to close down R9.

Eastern Visayas will advance to the semi-finals with Autonomous Region of Muslim Mindanao which won against the National Capital Region, 3-0.

Central Luzon will also move to the next round after sweeping Bicol in 3 sets, 3-0, with SOCCSKSARGEN which nipped Central Visayas, 3-1.

When asked about the team’s inspiration, team captain Andrew Tan said that they fought for God and for the victims of typhoon ‘Yolanda.’

“We stand strong for every Waraynon. Inaalay namin to kay God and to all the people of our region”, said the ‘Yolanda’ survivor.

Is the National SCUAA 2015 Olympics GAD sensitive?

By Jocelyn D. Tuscano, PhD, CSU-GAD Focal Person

Since sports require much physical contact, it can easily be said that sports is dominated by men. But, does this observation hold true to the ongoing National SCUAA 2015 Olympics hosted by the Cagayan State University?

The Gender and Development Office (GAD) of CSU spent time to seek an answer to this question. Based on its data, a total of 4,482 male and female athletes and coaches arrived in Tuguegarao City to join the Olympics. Delegates come from 12 regions of the Philippines including the Autonomous Region of Muslim Mindanao, Cordillera Administrative Region, National Capital Region and Caraga.

The following shows the proportion of male and female athletes and coaches:

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National SCUAA archers show off their elite aiming skills during the demo game. (Photo courtesy of author)
R1 secures semi-finals berth

By Michael Lavadia

It wasn’t the finest of ball games for either those who witnessed it or the Ilocos Region players themselves in this year’s SCUAA National Olympics so far, but it was enough for a squad not expecting much from the tournament.

Region 1 will still be seeing action in the hardcourt as it frustrated Southern Tagalog, 76-60 in yesterday’s no-more-tomorrow match-up, making it to the semi-final picture which begins tomorrow, Feb.12 at the Cagayan Sports Complex.

The game appeared to be unusual, however, as only one player scored in double digits for either team. Also, it was strange how R1 managed to limit its opponent to 15 points in all four quarters; then, making the Tagalogs feel as though the game was out of reach with yet 5 minutes to play in regulation.

Despite having Manny Santos as its lone bright spot, the Ilocanos pulled away with the much-needed win after a 12-0 run to open the last period that spoiled R4’s attempt to recover. Santos finished the contest with a game-high 27 points, Angelo Oducayen and Darwin Valmonte added 8 pts each while four other players chipped in at least 4.

Meanwhile, R4’s Padua delivered 15 markers to lead the team in scoring while six other players scored at least 6.

In their post-game huddle, R1 coach Paolo Jan Samson confessed how surprised he was about his players performance.

“Grabé! Dì natin ’to ineexpect. Dì natin akalain na merring ang kalalaban ng laro,” he uttered.

Power by unstoppable carthwheels and walkoffs, region 10 beat Region 5 in sepak takraw quarter finals game, 2-0, Feb. 11. In the first regu, Raymart Catubig of R10 unleashed 9 carthwheels and 5 headshots that made them finish the set, with a 6-point margin, 21-15. However, in the second set, R10 even powered up and nailed 905 using their set play tactic to own the first Regu, 21-19, in favor of R10. Meanwhile, in the first set of the second Regu, Angelo Agcopra, R10’s top seed, played excellent individual defense blocking the carthwheels of R5’s Sulpicio to extend the gap, 21-16. To secure R10’s victory, Agcopra continued his spectacular play as he amazed the crowd, launching his strong carthwheels to complete a 2-Regu sweep, 21-19. “Constant practice, cooperation and attitude...’yan ang siklets namin to make it to the semi,” said Ronel V. Sudania, R10 sepak takraw headcoach. Meanwhile, on the same day of Quarter Finals, NCR defeated Socksargen at game 1 (2-0), Region 3 beat Region 9 (2-0), in game 3; Western Visayas lorded over Southern Tagalog (2-1). The winning teams are expected to compete tomorrow for the Semi-Finals at the Sepak Takraw court at the back of CSU building at CSU-Cang Campus.

Angelo Agcopra (right) posts a winning carthwheel to his team rival.

By Michael Lavadia

Meet interesting:

From different schools...and places...
MIXING DIFFERENT CULTURES...MATCHING DIFFERENT ORIENTATIONS
New faces, new friends, new acquaintances
Enriching experiences...sharing...linking

Games are played, dances are performed...songs are sung...
Beauty inside and out are discovered
Unraveling...tapping...strengthening
Talents, potentials and magnificent presence...All together merged...distance of origins unimportant...
One Vision, one reading, one response through sports
Each one united as one big community
Bound by one common commitment
To serve and perform the roles each one has to play
Now come and together let’s take pride
As a part of a historical event
National SCUAA is worth recording
Ciurans and Capitanes take pleasure or texts

To all the delegates from the different SU’s of the Philippines...we offer you our warmest welcome...may you find a home away from your homes and may we build a strong friendship...And when we see each other again, We hope to sustain the friendship gained. For this experience of having you in this school, Is indeed a memory and treasure to keep!

Corrections:

In the article, “NCR dancesport rule tilt,” which appeared on page 5 of our Feb. 9 issue, we interchanged the places of the 1st runner-up and 2nd runner-up in the LA category. The 1st runner-up should have been Shaine Marie Gestaos and Justine Norries Bautista and not Darlene Callas and Eric John Colpuz. They are, respectively, the 2nd runner-up and a scholarship vinyl. We apologize for this error including that of coach Jertudez Lopez, who we referred to “his” instead of “her.”

Region 6, 3, NCR continue to impress in chess

Region 6, 3 and NCR again prevailed in the succeeding rounds of chess tournament on Feb. 9-10, 2015 at CSU Carig.

On rounds three, five and six, Western Visayas defeated NCR, Bicol, and Ilocos region with a score of 3.5-5, 3.5-5 and 4-0, respectively in men’s division.

Cagayan Valley also garnered a score of 3.5-5 against Ilocos region in round three, while NCR outwitted Region 1, 4-0 in round four.

Moreover, Central Luzon, Bicol, Central Visayas, all 4-0 in round seven, while Northern Mindanao and NCR both earned 3.5-5 score in men’s division.

On the other hand, delegates from Central Luzon and NCR dominated the women’s division in rounds four, five and eight. Central Luzon garnered 4-0 defeating Eastern Visayas in round four.

Representatives from the said region also gained 4-0 against Cagayan Valley in round five.

NCR also tallied two 4-0’s against Davao Region and Cordillera Administrative Region.

Meanwhile, Eastern Visayas blanked Ilocos region, 4-0; Bicol outsmarted Ilocos region, 3.5-5; Northern Mindanao shamned Central Visayas and Southern Tagalog took in Cagayan Valley both earned 4-0 in rounds three, five and six, respectively. By Andrea Louie E. Rabanal

Meeting:

National Olympics 2015
Distribution of Male and Female Athletes and Coaches

Male
Female
62% 38%

Athletes

59% 41%

Coaches

67% 24%

SCUARGEN battled head-to-head with Eastern Visayas

Socksargen washed out Eastern Visayas for the second time in the semi-finals of the volleyball men’s division held at the Cagayan Sports Complex on Feb. 11, 3-1.

Region 8 conquered the first set by hitting hard attacks to SOCCKSARGEN, 21-16. To secure R10’s victory, Agcopra continued his spectacular play as he amazed the crowd, launching his strong carthwheels to complete a 2-Regu sweep, 21-19. “Constant practice, cooperation and attitude...’yan ang siklets namin to make it to the semi,” said Ronel V. Sudania, R10 sepak takraw headcoach. Meanwhile, on the same day of Quarter Finals, NCR defeated Socksargen at game 1 (2-0), Region 3 beat Region 9 (2-0), in game 3; Western Visayas lorded over Southern Tagalog (2-1). The winning teams are expected to compete tomorrow for the Semi-Finals at the Sepak Takraw court at the back of CSU building at CSU-Cang Campus.

Angelo Agcopra (right) posts a winning carthwheel to his team rival.

By Michael Lavadia

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Angelo Agcopra (right) posts a winning carthwheel to his team rival.
NCR champs women’s arnis tournament

Displaying stunning moves and methodical execution of attacks and counterattacks, the National Capital Region (NCR) placed first in women’s division pro active arnis league during the National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympics, Feb. 11.

The NCR Arnis women garnered a total of 3 golds, 2 Silvers and a bronze on different arnis events.

Jacquelyn Sotabento topped the Welter weight division with Ann Jennette Brillantes in the bantam weight division and Juahirrah Harim in the middle weight division.

Awards were given also to pin weight Sharmain Joy Galang (Silver) and feather weight Desiree Quirog (Silver).

Caraga tandem Sarah Jane David and Patricia Mae Bejerano took bronze in light weight division.

Regions 6, 7, 4 and 9 were awarded 2nd, 3rd, 4th and 5th places, respectively.

“Hindi ko ine expect na mananalo kami dahil kulong na kulong kami sa mga gamit sa pakikipaglaban,” said Prof. Luz Arroyo, NCR arnis women coach.

Why do beach volleyball players wear bikinis, tight tops?

I was supposed to write a different topic for today’s issue however I have decided to write about feminism in sports. This was due to a question, deemed valid, posed by a spectator during the beach volleyball competition held at Carig. She asked, “Bakit ang mga babae ang senya naka two-piece pero ang mga lalaki nakashorts at sando. Ang unfair!”

Beach volleyball, a popular recreational activity throughout the world, was believed to have started in Hawaii in 1915. It began as a form of family fun at the beach and as years passed it was being played all over the world. According to sources, the sport was given a boost during the Great Depression when cash-trapped Americans flocked to the beaches to play what was virtually a no-cost pastime and a free source of entertainment. Until then, it became a demonstration sport at the 1992 Olympics in Barcelona and shortly afterward it was included in the 1996 Olympics in Atlanta.

The television helped in making the sport become an instant hit. With media, the sport was modified and its players glamorized and marketed as an exciting and highly competitive TV sport by networks during the late 1980s. For many viewers, according to sources, the major attraction of beach volleyball – especially women’s beach volleyball – is its soft porn aspects of the beautiful, tanned, semi-naked bodies bouncing and falling around in the sand while TV camera operators seek to get the most provocative views of the athletes’ bodies. Some contend that televised beach volleyball was largely responsible for popularizing the sport to the point that it was adopted as an Olympic event.

Olympic beach volleyball, according to literatures, was chastised by feminists as a sport that did little more than display scantily clad women for the delight of television viewers and spectators in the stands. Authors contend that patriarchal social practices in media are responsible for the objectification of women in sports. This leads to distorted body images for girls. Young girls and women are being told by the media to be thin and sexy. Promoting fitness is certainly a positive attribute of the media, as obesity continues to be a growing problem in the society.

Women have to be sexual and desirable to gain some attention as men do. This can be seen in the uniforms that they wear. In tennis, they wear very short skirts and tight tops that show off their bodies. In volleyball, women are usually in very tight short shorts or even bikinis in beach volleyball. Authors argue that women don’t need to have these types of uniform to functionally play their sport. This is a strategy to get more attention.

Literatures on femininity opine that being sexual is definitely an attempt to grow popularity in female athletics but there are also underlying attempts to perform gender roles. Female athletes struggle with the conflicts of being an athlete and being a female in society. Athletics is predominately seen as a masculine thing and females in athletics are deemed masculine in society unless they prove otherwise. Women athletes suffer the stigma of being perceived as ‘a lesbian’. The effects of sports also pertain to women’s body. The socially constructed idea that women must have slim toned bodies is incongruent with many bodies that athletes have.

According to the article Living the Paradox: Female Athletes Negotiate Femininity and Masculinity, this conflict is described as living in two different cultures, the sport culture and their larger social culture. These ideals crash and confuse in internal and external conflict with female athletes. Because of the nature of sports and the role of gender in our society, women must over sexualize themselves and prove that they are still feminine in spite of the fact that they are athletes. Once again gender is a socially constructed idea that one must achieve. Female athletes must try harder than others to achieve that status.
R3. NCR to face off for volleyball title

By Janice Joy Balanza, Mary Rose Marvas, Susette Vicente and Efren Reyes Jr.

After shutting off their last assignments, Bracket B’s best Central Luzon and Bracket C’s powerhouse National Capital Region (NCR) will battle head-to-head for the Championship round of the Volleyball Tournament Women’s Category.

The National Capital Region of bracket C is also advancing to finals after bringing down the region 9, 3-1.

Prior to earning a Finals appearance, Central Luzon needed four sets to send Region II home, 3-1.

Region III dominated the first two sets, 25-17, 25-19, fell short in third, 27-15, but came back strong to close out the game, 25-20.

The third set favored Cagayan Valley 25-25, which made the Central Luzon more determined to plat and posted a 6-point lead in the fourth set that caused the fall of R02.

Meanwhile, during the quarter finals, Region 3 which defeated Region 2 also murdered Region 8 Bracket A, 3-1.

On the other hand, unbeatable National Capital Region spikes who had the three straight wins in the elimination round and a victory in quarter finals clipped the mighty Region 09 in the semi.

NCR nipped R09 with an 8-point lead in the second set, 10-points in the third set, and 16 points in the fourth set.

In an interview, with the head Coach of the NCR team Mr. Wendel M. Padilla, he said that they did not have much preparation because their midterm exam was ongoing that time. He even added that other regions are eager to defeat them.

On game 13, second set, 10-points in the third set, and 16 points in the fourth set.

Region 3 upssets NCR, earns final spot

By Rochelle Nantao and Alyssa Faith Chua

Central Luzon locked up a finals spot after outbattling the National Capital Region in Game 9 of the baseball semi-finals, 6-5, at the Cagayan State University (CSU) Carig Oval, Feb. 11.

With firm defense and intact teamwork of both teams, R3 and NCR did not give a chance to each other for a score, ending the first inning to 0-0.

However, R3 dominated the second inning as they erupted through their tricky batting and speedy runningblanking the opponent, 2-0.

In the third inning, NCR made a comeback out of the negligence of R3’s centerfield catcher giving them scores, 2-1.

Again, the fourth inning became intense as both teams did not gain any point, 0-0.

As the fifth inning started, R3 felt complacent after scoring a run but was stunned when NCR scored a game-tying two runs, 4-4.

The umpire then called for another inning but the two teams did not allow themselves to be left behind as they both successfully scored one run each, extending the game to the seventh inning, 5-5.

During the seventh inning, R3 made sure of their win as Ranier Maniquiz slid to victory ending the match, 6-5.

According to Jeffrey Tipase, team captain of R3, they won because the opponent’s fielders failure to do their jobs properly.

“Dahil sa teamwork namin, nanalo kami dahil hindi nila kahit ang laban ay masayang-masaya kami kasi kami pa ang naunang waiting para sa championship kaya malaking blessing ito galing kay Lord,” he added.

Meanwhile, these were the results of the semi-final from games 2 to 8: R4 surpassed R6, 7-4, R3 won over CAR, 3-0, R2 defeated R1, 6-4, NCR blanked R4, 8-0, R3 outshined R2, 3-2, R6 outmatched R5, 5-0, and CAR nipped R1, 4-3.

Moreover, the results of games 10 to 12 are as follows: R2 slid past R6, 3-1, R4 escaped CAR, 5-4, and lastly, R3 vanquished R2, 2-1.

Region 12 plays... from page 2

By Denmark A. Orita

Region 12 killed 5 hits of Region B, wrapping up the game with a score of 25-20.

SOCCKSARGEN will face the Autonomous Region of Muslim Mindanao who dismissed Central Luzon from the championship, 3-1.

In an interview, Region 12’s Team Captain Eliverjay Soverano said they leveled up their defense because their opponent had improved in their performance.

“Nalakasan lang namang yung blocks at sa tuwing babalik yung bola, pinapatay namang agad,” Soverano said. By Denmark A. Orita and Rochelle A. Nera
R3 hoopers are 2015’s Basketball Kings

By Michael Lavadia, Efren Reyes Jr.,
Denmark Orita, Janice Joy Balanza,
Susette Vicente, and Rochell Nera

If the NBA had San Antonio Spurs as 2014 Season’s champion and the PBA had San Miguel Beermen as Philippine Cup winner, the National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympics just had Central Luzon hoopers as hardcourt kings.

After falling a game short for a championship trip in last year’s SCUAA, Central Luzon has not only proven once more that they are legit basketball contenders but exceeded expectations instead as it dispatched ring darlings National Capital Region (NCR), 101-93.

Last year’s semi-finalist shot a crazy 72 per cent from downtown, missing only three shots out of 11 attempts (8/11) over a sub-par 4/14, shooting from highly-favored NCR squad.

ARMM rules volleyball men

By Denmark A. Orita and Rochelle A. Nera

Autonomous Region of Muslim Mindanao (ARMM) will go home with pride as it put on a show against SOCCKSARGEN, 3-0, en route to a gold finish in this year’s SCUAA National Olympics Volleyball tournament.


ARMM’s Edward Garcia and Daud Salitandem claimed the first set from Region 12 with proper set plays and attacks which gave the team 25-18.

The former’s Roldan Medina Jr. blocked the hits of the latter, ending the second set 25-15.

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The former’s Roldan Medina Jr. blocked the hits of the latter, ending the second set 25-15.

SOCCKSARGEN fought back for one final stand but fell short, 25-23.

With the loss, SOCCKSARGEN ended with silver medal.

On the other hand, defending champion Central Luzon stumbled this year, settling only for a bronze medal finish.

When asked about the team’s winning secret, team captain Daud Sali highlighted the team’s discipline, practice and unity.

“Nanalo kami sa tingin ko dahil sa discipline, practice, at dapat hindi mag-away yung mga players, dapat may unity sa team,” Sali said.

In a separate interview, Cotabato City State Polytechnic College Sports Director Edgar Boquia bared their plan for the next year’s competition.

“We’ll do trainings, practice and recruit taller players in order to compete with other regions,” said Director Boquia.

A Chess Superstar on the Rise

By Xandra Louise E. Rabanal

Born to be a chess wizard, Cagayan Valley Region’s Mark Lester Asejo proved that he can be a very competent chess master in the near future.

“This is the first time that I joined the National SCUAA in my college years,” he said in an interview.

Mark Lester started playing chess at the age of 9, he was only grade 4 way back then. He was first won an official chess tournament when he was second year high school at the Cagayan National High School.

A third year Civil Engineering student of Cagayan State University Carig, Lester showed
R4, 9 best Karatedo individual

Compeeted by 11 representatives from all over the country. Region 4A sealed domination when it landed 1st and 2nd in Karatedo Men’s Individual recording 23.8 and 23.4 points, respectively, followed by 23.2 points of Region 3 and National Capital Region’s 23.1. R4A qualified for the final match after prevailing over R3, then faced R10 finalist who beat NCR. R4A athlete Jannooal Menezes got the better of R10’s Jinnu and won the place the latter 2nd best before him. Eleven female representatives competed for the individual performance too. Result from initial elimination turned to be R-9 being the 1st, R-4A as the 2nd, R-03 for the 3rd place and ARMM landed as the 4th.

Heidy Chloe Angeles of R-09 got all the judges votes, making her the gold medalist and Melgiebeth Masalonga of R-4A the silver medalist. R3 and ARMM finished off with bronze medal. By Aldrin Blazog

NCR champs lawn tennis

National Capital Region (NCR) ended superior in the National SCUAA Olympics 2015 Lawn Tennis Championship game Singles and Doubles category in Women’s Division when it stunk past Eastern Visayas, Feb. 12. With special strategies and techniques, Mary Grace Melchor of NCR got away from her opponent Elgy Dasian of Region 8 in single’s category, 6-5. Melchor won through her faultless smash that made it difficult for Dasian to send back ball in the last set. Meanwhile, in Doubles category, Frances Maybelle Espinosa and Ma. Elmira Pagot of NCR overpowered Dasian Elma and Noreen Berongoy of Region 8, ending the game with a score of 6-4. Espinosa and Pagot ruled the court when the duo mixed up their shots to make it difficult for their rivals to counter. According to Espinosa and Pagot, they played the game with their best movement and determination.

“Talagang sinigurado naming handa kami, babad sa training Eastern Visayas, Writing a smile on my face, we were eager to get the gold medal laban sa mga magagaling pang mga region.” Pagot said.

With a couple of rally for 40 and 30 seconds, the audience howled with smiles on their faces because of the thrilling performance of the players. The singles player of ARMM, Ahmad Armana, impressed the audience with his skills and energy after defeating his rival, Reynald Pioquinto of R01.

In an interview, Armana said that being humble is his key for winning. When asked about his feelings in winning the game, he said: “Okay lang, masaya kasi kami yung nanalo.”

Also in the doubles division, Stephen Vosotros and Noel Salupado showed no chance for R1’s doubles players, Rron Aldwin Canillas and Ronnie Dela Cruz, with their defensive volley moves.

Vosotros gave his opponent a dink that faked them to go back to court, and the clever move made them win the game. Both teams came through pressure in delivering the goods for their regions. During the quarter finals of the first game played between R02 and R03, the latter knocked off the former by winning the first singles, 6-1 and second singles, 6-5.

Furthermore, in the second game between R4 and R1, Ilocos Region ruled over Southern Tagalog with a score of 6-4 in the first singles and 6-5 in doubles.

Next was the clash between NCR and ARMM where the Autonomous Region of Muslim Mindanao dominated the National Capital Region marking their score 6-2 in doubles and 6-1 in second singles.

In the fourth game played between R10 and R13, the former nailed the latter by winning the game 2-0, first singles 6-1 and doubles, 6-3.

Also, R1 crashed R2 by getting the game, 2-0 scoring 6-5 on the first singles and 2-6 in doubles.

A Chess Superstar, from page 1

his analytical prowess as he chased the men’s division board no. 2.

“IT was already a losing game and I don’t have the interest anymore to play because we cannot catch up for a team place anymore, I just played along and I won,” he stated with a smile on his face.

Aseo always uses the D-4 opening move in every tournament that he is joining. Never did he show any picture of nervousness whenever he joins a chess game.

Many would say that playing chess is only for the nerd and unexciting individuals, but for Lester, he finds it okay and enjoyable because of the thrill the game puts on him and the friendship he was able to establish within the team.

On the 13th round of a robin tournament during the National SCUAA 2015 Olympics, Aseo got one lost and two draws, making him bag the precious gold medal.

Lester Aseo’s present coach, Mr. Jesus Anastacio, told the “SCUAA Updaters” that he was Aseo’s coach and trainer since he began joining chess tournaments.

“Lester really has a potential. And I call him as the CSU chess superstar,” he declared.

National Capital Region... from page 1

separated them from R3. Shana Marie Costillas of NCR said that they are overwhelmed and thankful for bagging the championship, adding that their goal of playing is to win the title and much to their delight, they did.

When asked how they overcame their first few assignments from elimination to semi-finals, Costillas said that their team has a good communication, and they have presence of mind.

Meanwhile, after defeating the Region 09, 3-2, Region 02 landed in the third place as bronze medalist.
Western Visayas ruled three events during the championship game in the National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympics in Women's Pro Active Arnis League, Feb. 9.

R6 topped three events in women’s pro active Arnis league

By Racquel Taguian

R6’s Crystal AJ Bartonico seized the spot in the ISB category over contenders from R10 and R12 who finished off 2nd and 3rd, respectively.

Bartonico, too, garnered 1st while teaming up with Fly Weight Ferbie Ann Ramos and Feather Weight Jenny Shiently Guarin in TSB and TDB categories.

Bartonico also took bronze in Pin Weight Division with CARAGA Arnisador Jessa Mae Abalos.

Ramos brought home the gold medal in Fly Weight Division as well.

Welter Weight Jennifer Gumboc grabbed silver and Heavy Weight Angelica Fulgencio received bronze.

Light Weight Cherubin Vallejo ended up at 3rd rank with Edralyn Joy Aprurado and Joanna Marie Fontiveros in Team Sword and Dagger Category.

Why do people join contact sports despite the violence and the possibility of getting hurt?

By Kristine Joyce L. De Leon

Contact sports such as boxing and wrestling are areas of interest under sports violence. There have been several studies on this linking gender relations and notions, and masculine identity. According to these, the explicit focus on masculinity comes not only as a response to critiques that gender relations have often been absent or implicit within work examining boxing, but also because the sport is so intimately linked to certain forms of masculine identity. The work environment such as the gym or the boxing arena was believed to be a heterosexual male preserve, that is it is a space mainly reserved for ‘real’ men. Based on literatures, there is a perceived ‘naturalness’ accompanying these notions of ‘realness’, which provides justification and legitimization for certain violent practices. Moreover, norms and values that dominate in the boxing area were associated with a tough masculine style of control over the production of usually unacceptable emotions was thought to be a key component of their enjoyment. Grunts, grimaces and other bodily displays of emotion were regular occurrences and tended to be described as an enjoyable opportunity to release frustration and experience the ‘buzz’ that was thought to accompany this ‘cathartic’ release. Furthermore, such emotional displays were produced in conjunction with physically enjoyable experiences. Acts of learning the technique, “letting loose” on the bag and ‘timing’ a punch were physically rewarding. Feelings of power transferring from ones body to the bag and sensations of speed and timing elicited markers that were enjoyable and rewarding.

Bag works” and sparring enabled opportunities to generate significant emotional and sensuous experiences. These experiences, according to researches, are intertwined with social significance. The pleasure, enjoyment, meaning and significance of these was structured by pervasive notions connected to masculinity, class and boxing traditions. Other studies show that the punching bag enabled the men to generate express aggression. This loosening of control over the production of usually unacceptable emotions was thought to be a key component of their enjoyment. Grunts, grimaces and other bodily displays of emotion were regular occurrences and tended to be described as an enjoyable opportunity to release frustration and experience the ‘buzz’ that was thought to accompany this ‘cathartic’ release. Furthermore, such emotional displays were produced in conjunction with physically enjoyable experiences. Acts of learning the technique, “letting loose” on the bag and ‘timing’ a punch were physically rewarding. Feelings of power transferring from ones body to the bag and sensations of speed and timing elicited markers that were enjoyable and rewarding.

Region 3 stormed an early 36-10 dominant first period exploiting NCR’s full-court press and playing the passing lanes on the other end of the court in which they stole the ball 11 times as against NCR’s solitary swipe.

R3 sustained its rampage in the second quarter to seat at a comfortable lead heading to the second half, 53-28.

With a great sense of urgency, NCR launched a threatening 45-48 second-half turn-around but came short in overhauling a 25-first half deficit.

NCR ballers also could not capitalize on their free-throws as they missed 17 of their 36 attempts.

Big man Abraham Crisostomo led R3’s charge with 20 points and 11 rebounds while forward Kenneth Reyes delivered 15 points, 10 boards and 3 dimes.

Crowd idol and Center Dominic Fajardo chipped in 14 markers, 6 boards and 5 steals; Paul Vincent De la Cruz added 15 points, and 6 steals while Den De Leon contributed 18 points off the bench including two critical charity baskets to put the icing on the cake.

Meanwhile, Kerr Bangels scored a team-high 19 points for NCR.

Michael Are, Ronie Mayuyu and Riva Storm added 14, 13 and 11 points, respectively.

In a post-game interview, Coach John Verdel of Central Luzon expressed his joy about the outcome of the game and extended his thanks to the Cagayanos.

“Solid talaga kami. I’m happy kasi most of my players are graduating students at ganap pa ang naging outcome. Salamat sa mga taga-Cagayan sa pag-welcome sa amin dito. Maganda talaga ang lugar,” he said.

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NCR retains crown in Sepak Takraw; Gonzales named MVP

By Michael Gaspar

Relentless, powerful attacks and sound fundamentals spearheaded the National Capital Region’s thumping of Western Visayas, 2-0, en route to the championship crown during the final day of Sepak Takraw competitions at the CSU Carig grounds, February 12.

Defending champions NCR needed only 2 regus to dispose off the resilient Region 6 squad, displaying their supremacy in straight set finishes.

In the 1st regu, NCR’s tekong Encabo came out firing, hitting 3 consecutive service aces to open up the contest.

Teammate and right inside Magsilang complemented the former’s fiery start as he showcased his signature bicycle kicks to easily take the 1st set, 21-15.

Western Visayas turned the tides in the second set, dashing to an early lead by capitalizing off their opponents service errors.

Region six’s right inside spiker found his groove and effectively blocked and countered the attacks of Magsilang to give their squad a commanding 15 to 7 lead.

But the NCR boys kept their cool and sparked a flurry of their own, tying the score at 18 apiece and eventually winning the set, 21-19.

In the second regu, NCR’s Gonzales stole the show as he won over the crowd with dazzling cartwheel strikes that paved the way for an easy 1st set win, 21-12.

Region 6 gained momentum in the next set with a much improved defense that set up their own offensive attack.

Western Visayas started to widen the gap, 17-11, but NCR fought their way back into contention and force a deadlock at 20-all.

With the 2-point advantage rule in play, NCR leaned on Gonzales anew as he buried the championship points in the pavement to seal away the victory.

During the awarding ceremony, NCR bagged all the awards led by Gonzales who clutched the Most Valuable Player (MVP) and Best Spiker award, Best Tekong for Encabo, Best Setter for Rudolph Alvarez and Best coach for Coach Romulo Ruedas, leaving the other teams nothing but their places as 1st runner up for the Region 6, 2nd runner up for the Region 3 and Region 10 as the 3rd runner up.

When asked how Coach Ruedas maintained NCR’s standing in Sepak Takraw, he said that his players’ ability and discipline that led them to capturing the gold. With report from Sarah Jane Realbuto and Manases Lacambra

Why do people join.. from page 3

for the men. The elements of carnal pleasures and sensuousness of participation, according to one author (Wacquant), is observable in sports violence. These sensuous and emotional significances are central elements in the enjoyment and function of boxing for men.
NCR reasserts supremacy in SCUAA 2015 Olympics

By SCUAA Updates’ News Team

National Capital Region (NCR) captured the overall championship anew at the closing of the National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympics Friday at the Cagayan Sports Complex in Tuguegarao City, Cagayan.

Flaunting their supremacy in 15 of 39 events, NCR players snatched a total of 101 gold medals on top of 67 silvers and 37 bronzes in the six-day competition among top student athletes from 16 regions of the country.

To extend domination of the SCUAA Olympics, the champion region turned back Region 3 (Central Luzon) and Region 4 (Southern Tagalog), who finished 2nd place with 63 golds, 60 silvers and 66 bronzes, and 3rd place with 42 golds, 58 silvers, and 59 bronzes, respectively.

NCR amassed very precious points when it prevailed in Arnis (men and women), baseball, basketball (women), beach volleyball (men), chess (men), dance sport (Latin and Standard), lawn tennis (women), sepaktakraw, softball, swimming (women), table tennis (men and women), volleyball (men), and athletics (women). (See complete tally on pages 2 and 3)

Region 6 (Western Visayas), who won in body building (men), boxing, football and Pencak Silat (men and women), wound up fourth with 43 golds, 37 silvers and 37 bronzes.

Emerging champion in swimming (women), CARAGA finished 5th with 31 golds, 14 silvers and 17 bronzes. (See overall medal standing below)

Worth mentioning is the record set by titleholders Region 9 in Karatedo (women), and ARMM in lawn tennis (men) and in volleyball (men).

Region 5 (Bicol) and Region 8 (Eastern Visayas) earned substantial points when invited judges declared their bets Mr. and Ms. SCUAA 2015, respectively.

Five regions participated in this year’s demonstration sports which included futsal, archery and body building. They were Region 3 with 13 golds, Region 6 with one gold, Region 4 with nine silvers and four bronzes, Region 2, the host region who landed 10th in the overall medal standing, with four silvers and four bronzes, and Region 9 with five bronzes.

Dr. Lourdino Vergara, sports director of the Philippine Normal University, said that NCR’s feat is dedicated to all the institutions that make up the region including their school heads, to the athletes who gave their best in the completion and to “our Almighty who is the giver of wisdom and strength.”

Asked about what secret did they employ to maintain supremacy in the Olympics since the inception of SCUAA, the sports director responded: “The secret maybe is the passion of our athletes to play with all their hearts, and the discipline and determination to win the game.”

Some 5,000 delegates and officials from 112 SUCs took part in the multi-sport event...
National SCUAA 2015 Olympic Games Results

**Archery (Men)**
- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region II
- 3rd Runner-Up: Region V

- Champion: Region III
- 1st Runner-Up: Region II
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region V

**Archery (Women)**
- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region II
- 3rd Runner-Up: Region V

- Champion: Region III
- 1st Runner-Up: Region II
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region V

**Arnis (Men)**
- Champion: NCR
- 1st Runner-Up: Region VI
- 2nd Runner-Up: Region VII
- 3rd Runner-Up: Region IV

- Champion: NCR
- 1st Runner-Up: Region VI
- 2nd Runner-Up: Region VII
- 3rd Runner-Up: Region IV

**Arnis (Women)**
- Champion: Region III
- 1st Runner-Up: Region II
- 2nd Runner-Up: Region X
- 3rd Runner-Up: Region III

- Champion: Region III
- 1st Runner-Up: Region II
- 2nd Runner-Up: Region X
- 3rd Runner-Up: Region III

**Athletics (Men)**
- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Athletics (Women)**
- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Badminton (Men)**
- Champion: Region III
- 1st Runner-Up: Region V
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region VII

- Champion: Region III
- 1st Runner-Up: Region V
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region VII

**Badminton (Women)**
- Champion: Region III
- 1st Runner-Up: Region V
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region VII

- Champion: Region III
- 1st Runner-Up: Region V
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region VII

**Baseball**
- Champion: NCR
- 1st Runner-Up: Region III
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region II

- Champion: NCR
- 1st Runner-Up: Region III
- 2nd Runner-Up: Region IV
- 3rd Runner-Up: Region II

**Basketball (Men)**
- Champion: NCR
- 1st Runner-Up: Region I
- 2nd Runner-Up: Region III
- 3rd Runner-Up: Region VII

- Champion: NCR
- 1st Runner-Up: Region I
- 2nd Runner-Up: Region III
- 3rd Runner-Up: Region VII

**Basketball (Women)**
- Champion: NCR
- 1st Runner-Up: ARMM
- 2nd Runner-Up: Region III
- 3rd Runner-Up: Region II

- Champion: NCR
- 1st Runner-Up: ARMM
- 2nd Runner-Up: Region III
- 3rd Runner-Up: Region II

**Beach Volleyball (Men)**
- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Beach Volleyball (Women)**
- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Body Building (Men)**
- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Boxing**
- Champion: Region VI
- 1st Runner-Up: Region III
- 2nd Runner-Up: Region I
- 3rd Runner-Up: Region VII

- Champion: Region VI
- 1st Runner-Up: Region III
- 2nd Runner-Up: Region I
- 3rd Runner-Up: Region VII

**Chess (Men)**
- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Chess (Women)**
- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region X
- 3rd Runner-Up: Region III

- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region X
- 3rd Runner-Up: Region III

**Dancesport (Latin)**
- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region X
- 3rd Runner-Up: Region III

- Champion: Region III
- 1st Runner-Up: NCR
- 2nd Runner-Up: Region X
- 3rd Runner-Up: Region III

**Dancesport (Standard)**
- Champion: Region IV
- 1st Runner-Up: Region IX
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region IV
- 1st Runner-Up: Region IX
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Futsal**
- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region I

- Champion: Region III
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region I

**Karate (Men)**
- Champion: Region IX
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region IX
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Karate (Women)**
- Champion: Region IX
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

- Champion: Region IX
- 1st Runner-Up: Region IV
- 2nd Runner-Up: Region V
- 3rd Runner-Up: Region VI

**Lawn Tennis**
- Champion: Region VI
- 1st Runner-Up: Region I
- 2nd Runner-Up: Region II

- Champion: Region VI
- 1st Runner-Up: Region I
- 2nd Runner-Up: Region II
hosted by Dr. Romeo R. Quilang of Cagayan State University in cooperation with Cagayan Governor Alvaro Antonio and Tuguegarao City Mayor Engelbert Caronan.

The Philippine Association of State Universities and Colleges headed by Dr. Ricardo Rotoras supervised the event, which was thrown full support by the Department of Education, whose city schools were made as billeting quarters of the delegations, Philippine National Police, Department of Health and Bureau of Fire Protection.

CARAGA swimmers hook 15 golds

With total of 42 events in both Men’s and Women’s division, CARAGA proved its might after earning 15 gold medals in the Swimming Competition, Feb 10-12. Region 4 (R4) landed as the 2nd highest in Gold Medal count with a total winning of 12, followed by Region 3 (R3) with 6 Golds, ARMM and Region 9 (R9), and Region 8 (R8) and Region 10 (R10) earned 1 Gold each.

17 out of the 42 Silver Medals was grabbed by the R-04, 9 Silvers of National Capital Region (NCR), 7 for CARAGA, 3 for R3, 3 for ARMM and Region 9 (R9) and 1 each for R6 and R7.

The 42 Bronze medals were divided among winners from NCR (11), R (R8) and Region 10 (R10) earned 1 Gold each.

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What good-looking Mr. SCUAA does, thinks and hopes

By Melou Darilag

The whimsical charm and riveting demeanor are two of Leonard’s strongest characters. Those undeniably marked a footnote among his other traits.

However, Leonard Mateos, an AB English student, is not all that he appears to be! Mr. National SCUAA 2015 is but a simple student who loves to be engaged in networking. He seldom talks, but he frequently communicates through cyberspace. This 20-year-old Bicol University’s pride admitted that he had been repeatedly exposed into pageants. The gradual steps he has trodden helped him to become more comfortable and geared on his journey.

The unexpected reality

Never in his life did he expect to see himself in a national pageant. In fact, he had never had an ample preparation. He humbly said in an interview that he had a hard time competing with the region’s cream of the crop. Indeed, this is one of the toughest he did in his life, yet best of reward he received from God. Never in his journey had he thought he could be able to whip the rivals, for he’s the shortest and smallest among his fellow male contenders.

Why do people distance themselves from the losing team?

By Kristine Joyce L. De Leon

Competition, as believed by many, is a vehicle for youth development and enjoyment thus subservient to higher goals. But how well are these nominal aims put into practice? How do athletes and coaches adhere to fair play? How often do teams really believe and act that they are likely to share their glory. On the other hand, after a big loss some fans want to distance themselves from “their disgrace” as much as possible. It’s not “we”, who lost, it’s “them”!

The reason behind this distancing of fans from the losing team is the refusal or fear to “lose face”. In sociological terms, the “face” would mean prestige, honor or dignity. The athlete’s performance is the athletes’ face. Hence when the athletes win, they have maintained their face. But when they lose, they experience face loss.

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National Capital Region (NCR) lady spikers clobbered Region III (Central Luzon Region) yesterday, 3-1, to add a medal in NCR’s gold column during the National SCUAA Olympics 2015 Volleyball Women Competition at the Cagayan Sports Complex Court 1.

Kristle Madrinico, NCR’s captain ball and setter, led the team as she initiated her team’s offense through her proper setting of the ball in the entire duration of the game.

Central Luzon heated up early holding off NCR to 16 points in the opening set, 26-16. NCR netters bounced back with their amalgam of formidable spikes, well-executed plays and imposing blocks to steal the next set, 25-13.

With the game tied, both teams fought hard in every possession in the third set resulting to a deuce; however, NCR’s team communication caused them to snatching the set, 26-24.

Sensing victory, NCR rode on an attack mode in the fourth set to seal the victory, 25-13.

“Training lang lagi...makining sa coaches,” Madrinico said in a post-game interview.

“We are the champions,” the players exclaimed after their pictorial.

NCR, R7 claim gold in Team Kata
By Aldrin Bitanog

After being proclaimed as Bronze Medalist in Kata Individual Demo, the National Capital Region (NCR) did not settle for third best the second time around as it nailed gold in Team Kata Demonstration.

Despite ending the elimination at the 2nd spot with 22.6 behind Region 4A’s 22.7 points, NCR pleased the judges in the Final showdown to hand R4A the silver medal.

Meanwhile, Western Mindanao and Western Visayas shared the 3rd spot for the bronze medal.

For Female category, Central Visayas and Eastern Mindanao received 22.3 points apiece in the elimination round to advance to the championship face-off but it was Region R7 presenters who got the judges nod for the gold finish.

Region 4A and Region 9, on the other hand, landed at third place.

Quebral, Tungcul receive surprise awards from CARAGA
By Janilete R. Cortez and Gilbert C. Maguilot Jr.

Two leading officials involved in the CSU Working Committees received plaques of appreciation for generously hosting the CAGARA delegation billeted at the Cagayan National High School (CNHS) since day one of the National State Colleges and Universities Athletic Association (SCUAA) 2015 Olympics.

In a fellowship dinner held at the CNHS Old Library, Dr. Dolores C. Quebral, Campus Executive Officer of CSU Iligan, and Dr. Erlinda Tungcul, principal VI of CNHS, were awarded the plaques before the delegates who come from Agusan del Sur State College (ASSCAT), Caraga State University, Surigao del Sur State University (SDSSU) and Surigao State College of Technology.

Dr. Juarlito V. Garcines, PASUC Regional President and ASSCAT President, led the gathering.

He thanked the CNHS Family and CSU Family for the warm welcome and accommodation extended to the delegates.

Dr. Ariston O. Ronquillo, SDSUU Campus School Administrator and Prof. Antonio A. Casia Sr., also said the same words of thanks and appreciation to the two and their staff.

Surprised, Quebral and Tungcul expressed their joy of hosting and accommodating the delegation.

Earning a loud applause from the audience, Quebral told the delegates: “This delegation is the most disciplined, most behaved and most thoughtful.”

The gathering was highlighted by the awarding of incentives to players who displayed excellent performance in the Olympics, intermission numbers and parlor games with prizes made at stake.